

Amendment to the Specification:

Please replace paragraph 14 with the following new paragraph 14:

FIG. 1 shows an embodiment of a hands-free forearm carrier 2 constructed in accordance with the invention. The carrier 2 includes a carrier body 10 having a center portion 12, a right and left end portions 14, 14' on respective sides of the center portion 12, a top side 16 and an underside 18, a front edge 20 and a back edge 22. The size of the carrier 2 can be tailored for different forearm sizes, for the size of the articles to be carried, or both. In this embodiment, the front edge 20 is ~~longer~~ shorter in length than the back edge 22; thus, the shape of the carrier 2 is generally trapezoidal. The trapezoidal shape provides a greater overlap between end portions 14, 14' than rectangular shapes (see FIG. 4), for medium to large forearms in particular, when the carrier 2 is wrapped around the forearm.